

PRODUCT DATA SHEET

PURE ASCORBIC ACID ONE GRAM

DESCRIPTION

Dietary Supplement

Pure Ascorbic Acid One Gram

Supplement Facts

Serving Size: One Capsule	Servings Per Container: 250
Each Capsule Contains:	% DV
Vitamin C (as Ascorbic Acid)	1000 mg. 1667%
Daily Value (DV)	

Other Ingredients: Hypromellose (derived from cellulose) capsule.

C149 / 250 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

HOW SUPPLIED

Pure Ascorbic Acid One Gram is supplied in bottles of 250 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

Extra large doses of Vitamin C (usually in excess of 10 g daily) have been associated with osmotic diarrhea, which resolves upon decreasing dosage.

High doses of Vitamin C may interfere with stool occult blood and urine glucose laboratory tests.

High doses of Vitamin C should be avoided in hemochromatosis, as it increases iron absorption.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

INTERACTIONS

Vitamin C increases the intestinal absorption of non-heme iron.

Vitamin C intake at 2.5 grams for a two-month interval reduces serum copper stores without reducing copper levels below normal serum levels.

Co-administration of Vitamin C with chromium increases plasma chromium levels.

PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

DOSAGE

Adult patients: 1-3 capsules twice daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

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they are raising their standards
... at Thorne, we set them.™*



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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